

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2012

Independent Living Activates

			<p>9am Coffee with Maintenance and Housekeeping</p> <p>10:30 Mental Floss AR</p> <p>2:30 Basic Aerobics AE</p> <p>3:30pm Chicken Foot AR</p> <p>6:30 Duplicate Bridge CR</p>	<p>**10am Boaz Shopping and Lunch Mill Street Deli**</p> <p>2:30 Circuit Training AE</p> <p>3:30 Low Impact Exercise AE</p> <p>6:30 Dominoes AR</p> <p>7pm Bible Study CL</p> <p><small>Groundhog Day</small></p>	<p>10:30 Basic Aerobics AE</p> <p>6:30pm Hand & Foot AR</p> <p>7pm Poker CR</p>	<p>9am Perfect Blend AR</p> <p>2pm Poker CR</p> <p>7pm Movie CL</p>
<p>4pm Farley Church AL</p> <p>5:30pm Super Bowl Watching Party CL</p>	<p>10am Needlework AR</p> <p>**1pm – Shopping Walmart or Target</p> <p>2:30 Basic Aerobics AE</p> <p>3:30 Basic Aerobics AE</p> <p>6:45pm Bingo CL</p> <p>7pm Poker CR</p>	<p>9:20am Beginner Line Dancing AE</p> <p>10:30 Low Impact Exercise AE</p> <p>3pm Tai Chi Orientation</p> <p>**6:30 Travelogue: Wales, The Land of Song**</p>	<p>10:30 Mental Floss AR</p> <p>2:30 Basic Aerobics AE</p> <p>3pm Happy Birthday February!! CL</p> <p>3:30pm Chicken Foot AR</p> <p>6:30 Duplicate Bridge CR</p>	<p>**11am Lunch at Emma’s Tea room and Tour of Lowe Mill**</p> <p>2:30 Circuit Training AE</p> <p>3:30 Low Impact Exercise AE</p> <p>6:30 Dominoes AR</p> <p>7pm Bible Study CL</p>	<p>**8:45 am Commissary*</p> <p>10:30 Basic Aerobics AE</p> <p>**5pm “Pride and Prejudice” **</p> <p>6:30pm Hand & Foot AR</p> <p>7pm Poker CR</p>	<p>9am Perfect Blend AR</p> <p>2pm Poker CR</p> <p>**6:30 Symphony</p> <p>7pm Movie CL</p>
<p>4pm Farley Church AL</p>	<p>10am Needlework AR</p> <p>**1pm – Shopping Walmart or Publix</p> <p>2:30 Basic Aerobics AE</p> <p>3:30 Basic Aerobics AE</p> <p>6:45pm Bingo CL</p> <p>7pm Poker CR</p>	<p>9:20am Line Dancing AE</p> <p>10:30 Low Impact Exercise AE</p> <p>3pm Tai Chi</p> <p><small>Valentine’s Day</small></p>	<p>10:30 Mental Floss AR</p> <p>**11:30 Lunch with Zach Wing A 2nd Floor **</p> <p>2:30 Basic Aerobics AE</p> <p>3:30pm Chicken Foot AR</p> <p>6:30 Duplicate Bridge CR</p>	<p>2:30 Circuit Training AE</p> <p>3:30 Low Impact Exercise AE</p> <p>**5pm Senior Center Bachelor Auction **</p> <p>6:30 Dominoes AR</p> <p>7pm Bible Study CL</p>	<p>8am Coffee with Zach CL</p> <p>10:30 Basic Aerobics AE</p> <p>6:30pm Hand & Foot AR</p> <p>7pm Poker CR</p>	<p>9am Perfect Blend AR</p> <p>2pm Poker CR</p> <p>7pm Movie CL</p>
<p>4pm Farley Church AL</p>	<p>10am Needlework AR</p> <p>**1pm – Shopping Walmart or Dollar General</p> <p>2:30 Basic Aerobics AE</p> <p>3:30 Basic Aerobics AE</p> <p>6:45pm Bingo CL</p> <p>7pm Poker CR</p> <p><small>Presidents’ Day (US)</small></p>	<p>9:20am Beginner Line Dancing AE</p> <p>10:30 Low Impact Exercise AE</p> <p>3pm Tai Chi</p> <p>4pm Mardi Gras!! GL</p> <p><small>Mardi Gras</small></p>	<p>10:30 Mental Floss AR</p> <p>2pm State of the Village Address CL</p> <p>2:30 Basic Aerobics AE</p> <p>3:30pm Chicken Foot AR</p> <p>6:30 Duplicate Bridge CR</p>	<p>**10am Carnegie Center Decatur and Big Bob Gibson’s**</p> <p>2:30 Circuit Training AE</p> <p>3:30 Low Impact Exercise AE</p> <p>6:30 Dominoes AR</p> <p>7pm Bible Study CL</p>	<p>10:30 Basic Aerobics AE</p> <p>7pm Margie Cumbie Performs! CL</p> <p>6:30pm Hand & Foot AR</p> <p>7pm Poker CR</p>	<p>9am Perfect Blend AR</p> <p>2pm Poker CR</p> <p>7pm Movie CL</p>
<p>4pm Farley Church AL</p>	<p>9am Men’s Discussion Group CL</p> <p>10am Needlework AR</p> <p>**1pm – Shopping Walmart or Kroger</p> <p>2:30 Basic Aerobics AE</p> <p>3:30 Basic Aerobics AE</p> <p>6:45pm Bingo CL</p> <p>7pm Poker CR</p>	<p>9:20am Line Dancing AE</p> <p>10:30 Low Impact Exercise AE</p> <p>3pm Tai Chi</p> <p>**6:30pm MIMI Presentation (family members welcome)**CL</p>	<p>10:30 Mental Floss AR</p> <p>11:30am Ladies Potluck “Midnight in Paris” CL</p> <p>2:30 Basic Aerobics AE</p> <p>3:30pm Chicken Foot AR</p> <p>6:30 Duplicate Bridge CR</p>	<p>KEY</p> <p>AR- Arts & Crafts Room</p> <p>CL- Club Room</p> <p>CR- Card Room</p> <p>GL- Gallery Lounge</p> <p>AE- Aerobics Room</p> <p>GR- Game Room</p> <p>AL – Assisted Living</p> <p>** - Sign up in advance</p>  		